

## **Health and Human Services Agencies**

### **Department of Health and Human Services (HHS)**

<http://www.hhs.gov/>

Protection of all Americans' health & provision of essential human services for those least able to help themselves.

### **National Institutes of Health (NIH)**

<http://www.nih.gov/>

Basic research into living systems to enhance health, lengthen life, & reduce the burdens of illness & disability.

### **Agency for Healthcare Research and Quality (AHRQ)**

<http://www.ahrq.gov/>

Health services research intended to improve health care quality, safety, efficiency, & effectiveness.

### **Centers for Medicare and Medicaid Services (CMS)**

<http://www.cms.gov/>

Current activities and programs in all areas of the agency.

### **Social Security Administration (SSA)**

<http://www.ssa.gov/>

Processing of requests for disability benefit checks.

### **White House Office of National Drug Control Policy (ONDCP)**

<http://www.whitehouse.gov/ondcp/>

Coordination of drug-control activities & funding across the Federal government.

### **Department of Justice (DOJ)**

<http://www.justice.gov/>

Ensures fair and impartial administration of justice for all Americans.

### **Drug Enforcement Agency (DEA)**

<http://www.justice.gov/dea/>

Enforces laws & regulations related to the growing, manufacture, or distribution of controlled substances.

### **Food and Drug Administration (FDA)**

<http://www.fda.gov/>

Assurance of safety, effectiveness, & security of drugs, vaccines, medical devices, food supply, etc.

### **Senior Medicare Assistance**

<https://www.caring.com/medicare>

This resource will help seniors and their loved ones understand what Medicare is and provide some basics about how the various aspects of the program work.

### **Assisted Living**

<https://www.caring.com/senior-living/assisted-living/georgia>

Assisted living communities are referred to as "personal care homes" in Georgia.

## **Behavioral Health Agencies**

### **Substance Abuse and Mental Health Services Administration (SAMHSA)**

<http://www.samhsa.gov>

Agency programs and activities. Information from databases and publications. Grant information and funding opportunities.

### **SAMHSA: Resource Center to Promote Acceptance, Dignity and Social Inclusion Associated with Mental Health (ADS Center)**

<http://promoteacceptance.samhsa.gov>

Provides information and assistance to develop successful efforts to counter prejudice and discrimination

associated with mental illness.

**SAMHSA: GAINS Center for Behavioral Health and Justice Transformation**

<http://gainscenter.samhsa.gov>

Information on mental health & substance abuse services for people with co-occurring disorders in contact

with the justice system.

**SAMHSA-HRSA Center for Integrated Health Solutions (CIHS)**

<http://www.integration.samhsa.gov>

Promotes development of integrated primary care & behavioral health services, providing training & technical assistance.

**National Institute on Alcohol Abuse and Alcoholism (NIAAA)**

<http://www.niaaa.nih.gov>

Supports and conducts research on the impact of alcohol use on human health and well-being.

**National Institute on Drug Abuse (NIDA)**

<http://www.drugabuse.gov>

Supports, conducts, & disseminates research to improve prevention & treatment and to inform drug abuse

& addiction policy.

**National Institute of Mental Health (NIMH)**

<http://www.nimh.nih.gov>

Provides leadership in the national effort to understand & treat mental illnesses through basic & clinical

research.

**Self-Help Groups (Addiction)**

**Alcoholics Anonymous (AA)**

<http://www.aa.org>

Recovery from alcohol addiction through a 12-step program including regular attendance at group meetings.

**Cocaine Anonymous (CA)**

<http://www.ca.org>

Recovery from cocaine addiction through a 12-step program including regular attendance at group meetings.

**Crystal Meth Anonymous**

<http://www.crystalmeth.org>

Recovery from crystal meth addiction through a 12-step program including regular attendance at group

meetings.

**Dual Recovery Anonymous**

<http://www.draonline.org>

Recovery from joint chemical dependence & emotional/psychiatric illness through a 12-step program including regular attendance at group meetings.

**Marijuana Anonymous**

<http://www.marijuana-anonymous.org>

Recovery from marijuana addiction through a 12-step program including regular attendance at group

meetings.

**Narcotics Anonymous (NA)**

<http://www.na.org>

Recovery from drug addiction through a 12-step program including regular attendance at group meetings.

**SMART Recovery®**

<http://www.smartrecovery.org>

4-Point Program® helps people recover from all types of addictive behaviors by teaching how to change

self-defeating thinking, emotions, & actions.

**Al-Anon Family Groups**

<http://www.al-anon.alateen.org>

Helps family and friends recover from the effects of someone else's drinking through a 12-step program

including regular attendance at group meetings.

**Nar-Anon**

<http://www.nar-anon.org/naranon>

Helps family and friends of addicts recover from the effects of living with an addicted relative or friend.

**Mental Health Consumer Assistance****National Mental Health Consumers' Self-Help Clearinghouse**

<http://mhselfhelp.org>

The nation's first national consumer technical assistance center for those who receive or have received

mental health services.

**National Empowerment Center**

<http://www.power2u.org>

Consumer/survivor/expatient-run organization provides information supporting recovery & empowerment

for those with mental health issues.

**Anxiety and Depression Association of America (ADAA)**

<http://www.adaa.org>

Promotes awareness of anxiety, depression, & related disorders; works to reduce associated stigma.

Locate

a therapist.

**Depression and Bipolar Support Alliance (DBSA)**

<http://www.dbsalliance.org>

Peer-directed national organization. Locate a support group. Peer-based, wellness-oriented, and empowering services and resources.

**Attention Deficit Disorder Association (ADDA)**

<http://www.add.org>

Provides information, resources & networking opportunities for adults with ADHD & professionals.

Locate

specialists & support groups.

**Children and Adults with Attention Deficit and Hyperactivity Disorder (CHADD)**

<http://www.chadd.org>

Non-profit organization advocates for people with ADHD; education on research, medication & treatment.

Find support groups.

**National Eating Disorder Association (NEDA)**

<http://www.nationaleatingdisorders.org>

Non-profit organization supports those affected by eating disorders. Information & Referral Helpline 1-800-

931-2237, M-F 9 am to 5 pm EST.

**Borderline Personality Disorder Resource Center (BPDRC)**

<http://bpdresourcecenter.org>

Non-profit organization at Cornell Medical College helps those with BPD find current & accurate information on BPD & treatment sources.

### **International OCD Foundation**

<http://www.ocfoundation.org>

Non-profit organization for people with Obsessive Compulsive Disorder (OCD) & related disorders, families, & professionals. Find treatment.

### **Consumer Advocates Links**

#### **Mental Health America (MHA)**

<http://www.nmha.org>

Addresses full spectrum of mental & substance use conditions; works to inform, advocate & enable access to quality behavioral health services.

#### **National Alliance on Mental Illness (NAMI)**

<http://www.nami.org>

Grassroots organization advocating for access to services, treatment, & research to improve the lives of Americans affected by mental illness.

#### **National Alliance for Medication Assisted Recovery (NAMA)**

<http://www.methadone.org>

Organization for medication-assisted treatment patients and health care professionals that are supporters of quality opiate agonist treatment.

#### **National Association for Children of Alcoholics (NACA)**

<http://www.nacoa.org>

Raises public awareness; provides leadership in public policy; advocates for appropriate, effective & accessible education & prevention services.

#### **National Council on Alcoholism and Drug Dependence, Inc. (NCADD)**

<http://www.ncadd.org>

Voluntary health organization dedicated to fighting alcoholism and drug addiction.

#### **National Inhalant Prevention Coalition**

<http://www.duifoundation.org>

Public-private effort to promote awareness and recognition of the problem of inhalant use. Inhalant referral and information clearinghouse.

#### **DUI Foundation**

<http://www.duifoundation.org>

Education about the life-altering effects drinking and driving can have.

#### **Judge David L. Bazelon Center for Mental Health Law**

<http://www.bazelon.org>

Legal advocacy for the civil rights and human dignity of people with mental disabilities.

#### **The Partnership at Drugfree.org**

<http://www.drugfree.org>

Unites scientists, parents, & communications professionals to help parents prevent, intervene in, & find treatment for child substance abuse.