

## Health and Human Services Agencies

### **Department of Health and Human Services (HHS)**

<http://www.hhs.gov/>

Protection of all Americans' health & provision of essential human services for those least able to help themselves.

### **National Institutes of Health (NIH)**

<http://www.nih.gov/>

Basic research into living systems to enhance health, lengthen life, & reduce the burdens of illness & disability.

### **Agency for Healthcare Research and Quality (AHRQ)**

<http://www.ahrq.gov/>

Health services research intended to improve health care quality, safety, efficiency, & effectiveness.

### **Centers for Medicare and Medicaid Services (CMS)**

<http://www.cms.gov/>

Current activities and programs in all areas of the agency.

### **Social Security Administration (SSA)**

<http://www.ssa.gov/>

Processing of requests for disability benefit checks.

### **White House Office of National Drug Control Policy (ONDCP)**

<http://www.whitehouse.gov/ondcp/>

Coordination of drug-control activities & funding across the Federal government.

### **Department of Justice (DOJ)**

<http://www.justice.gov/>

Ensures fair and impartial administration of justice for all Americans.

### **Drug Enforcement Agency (DEA)**

<http://www.justice.gov/dea/>

Enforces laws & regulations related to the growing, manufacture, or distribution of controlled substances.

### **Food and Drug Administration (FDA)**

<http://www.fda.gov/>

Assurance of safety, effectiveness, & security of drugs, vaccines, medical devices, food supply, etc.

## Behavioral Health Agencies

### **Substance Abuse and Mental Health Services Administration (SAMHSA)**

<http://www.samhsa.gov/>

Agency programs and activities. Information from databases and publications. Grant information and funding opportunities.

### **SAMHSA: Resource Center to Promote Acceptance, Dignity and Social Inclusion Associated with Mental Health (ADS Center)**

<http://promoteacceptance.samhsa.gov>

Provides information and assistance to develop successful efforts to counter prejudice and discrimination associated with mental illness.

### **SAMHSA: GAINS Center for Behavioral Health and Justice Transformation**

<http://gainscenter.samhsa.gov>

Information on mental health & substance abuse services for people with co-occurring disorders in contact with the justice system.

### **SAMHSA-HRSA Center for Integrated Health Solutions (CIHS)**

<http://www.integration.samhsa.gov>

Promotes development of integrated primary care & behavioral health services, providing training & technical assistance.

### **National Institute on Alcohol Abuse and Alcoholism (NIAAA)**

<http://www.niaaa.nih.gov>

Supports and conducts research on the impact of alcohol use on human health and well-being.

### **National Institute on Drug Abuse (NIDA)**

<http://www.drugabuse.gov>

Supports, conducts, & disseminates research to improve prevention & treatment and to inform drug abuse & addiction policy.

### **National Institute of Mental Health (NIMH)**

<http://www.nimh.nih.gov>

Provides leadership in the national effort to understand & treat mental illnesses through basic & clinical research.

## **Self-Help Groups (Addiction)**

### **Alcoholics Anonymous (AA)**

<http://www.aa.org>

Recovery from alcohol addiction through a 12-step program including regular attendance at group meetings.

### **Cocaine Anonymous (CA)**

<http://www.ca.org>

Recovery from cocaine addiction through a 12-step program including regular attendance at group meetings.

### **Crystal Meth Anonymous**

<http://www.crystallmeth.org>

Recovery from crystal meth addiction through a 12-step program including regular attendance at group meetings.

### **Dual Recovery Anonymous**

<http://www.draonline.org>

Recovery from joint chemical dependence & emotional/psychiatric illness through a 12-step program including regular attendance at group meetings.

### **Marijuana Anonymous**

<http://www.marijuana-anonymous.org>

Recovery from marijuana addiction through a 12-step program including regular attendance at group meetings.

### **Narcotics Anonymous (NA)**

<http://www.na.org>

Recovery from drug addiction through a 12-step program including regular attendance at group meetings.

SMART Recovery®

<http://www.smartrecovery.org>

4-Point Program® helps people recover from all types of addictive behaviors by teaching how to change self-defeating thinking, emotions, & actions.

Al-Anon Family Groups

<http://www.al-anon.alateen.org>

Helps family and friends recover from the effects of someone else's drinking through a 12-step program including regular attendance at group meetings.

Nar-Anon

<http://www.nar-anon.org/naranon>

Helps family and friends of addicts recover from the effects of living with an addicted relative or friend.

## **Mental Health Consumer Assistance**

### **National Mental Health Consumers' Self-Help Clearinghouse**

<http://mhselfhelp.org>

The nation's first national consumer technical assistance center for those who receive or have received mental health services.

### **National Empowerment Center**

<http://www.power2u.org>

Consumer/survivor/expatient-run organization provides information supporting recovery & empowerment for those with mental health issues.

### **Anxiety and Depression Association of America (ADAA)**

<http://www.adaa.org>

Promotes awareness of anxiety, depression, & related disorders; works to reduce associated stigma. Locate a therapist.

### **Depression and Bipolar Support Alliance (DBSA)**

<http://www.dbsalliance.org>

Peer-directed national organization. Locate a support group. Peer-based, wellness-oriented, and empowering services and resources.

### **Attention Deficit Disorder Association (ADDA)**

<http://www.add.org>

Provides information, resources & networking opportunities for adults with ADHD & professionals. Locate specialists & support groups.

### **Children and Adults with Attention Deficit and Hyperactivity Disorder (CHADD)**

<http://www.chadd.org>

Non-profit organization advocates for people with ADHD; education on research, medication & treatment. Find support groups.

### **National Eating Disorder Association (NEDA)**

<http://www.nationaleatingdisorders.org>

Non-profit organization supports those affected by eating disorders. Information & Referral Helpline 1-800-931-2237, M-F 9 am to 5 pm EST.

### **Borderline Personality Disorder Resource Center (BPDRC)**

<http://bpdresourcecenter.org>

Non-profit organization at Cornell Medical College helps those with BPD find current & accurate information on BPD & treatment sources.

### **International OCD Foundation**

<http://www.ocfoundation.org>

Non-profit organization for people with Obsessive Compulsive Disorder (OCD) & related disorders, families, & professionals. Find treatment.

## **Consumer Advocates Links**

### **Mental Health America (MHA)**

<http://www.nmha.org>

Addresses full spectrum of mental & substance use conditions; works to inform, advocate & enable access to quality behavioral health services.

National Alliance on Mental Illness (NAMI)

<http://www.nami.org>

Grassroots organization advocating for access to services, treatment, & research to improve the lives of Americans affected by mental illness.

National Alliance for Medication Assisted Recovery (NAMA)

<http://www.methadone.org>

Organization for medication-assisted treatment patients and health care professionals that are supporters of quality opiate agonist treatment.

National Association for Children of Alcoholics (NACA)

<http://www.nacoa.org>

Raises public awareness; provides leadership in public policy; advocates for appropriate, effective & accessible education & prevention services.

National Council on Alcoholism and Drug Dependence, Inc. (NCADD)

<http://www.ncadd.org>

Voluntary health organization dedicated to fighting alcoholism and drug addiction.

National Inhalant Prevention Coalition

<http://www.duifoundation.org>

Public-private effort to promote awareness and recognition of the problem of inhalant use. Inhalant referral and information clearinghouse.

DUI Foundation

<http://www.duifoundation.org>

Education about the life-altering effects drinking and driving can have.

Judge David L. Bazelon Center for Mental Health Law

<http://www.bazelon.org>

Legal advocacy for the civil rights and human dignity of people with mental disabilities.

The Partnership at Drugfree.org

<http://www.drugfree.org>

Unites scientists, parents, & communications professionals to help parents prevent, intervene in, & find treatment for child substance abuse.

